

5th Annual HEALTH & WELLNESS EXPO

**FREE
ADMISSION!**

Thursday, May 22, 2014

10:00 a.m.-2:00 p.m.

Leisure World | Clubhouse 1

**Live Entertainment • Dynamic Demonstrations
Delicious, fixed-price lunch (\$10)**

**FANTASTIC
PRIZES!**

HIGHLIGHTS

- ✓ 50 + Exhibitors
- ✓ Health Screenings
- ✓ Live Music
- ✓ Groovin' to Zumba
- ✓ "Head to Toe" Massages
- ✓ Photo Favors
- ✓ Keynote Speaker

The Capitol Steps

Music! Politics! Satire!

Grand Finale Show • 2:15-3:00 p.m.

Free • Tickets Required & Available On-Site

**For more information,
call CoA at 301.348.3832.**

Interactive Workshops

- 1 "Mary Cassatt"
Art Appreciation
- 2 Your "Arch" Enemy
MedStar
- 3 "Fast & Fussless"
Food Demonstration

Co-Sponsored by the Jewish Residents of Leisure World & Presented by Coming of Age in Maryland (CoA)

